

# DAY CAMP SESSION 6 LUNCH MENU



## MONDAY

Green Beans  
Chicken Legs  
Chicken Patty

## TUESDAY

Rick & Beans  
Chicken Quesadilla  
Beef Bean Burrito

## WEDNESDAY

Fries  
Chicken Tenders

## THURSDAY

Seasonal Veggies  
Ravioli  
Marinara Sauce

## FRIDAY

Fries  
Fish Patty  
Turkey Burgers



Meatless Chicken Patty



Cheese Quesadilla



Meatless Chicken Tenders



Cheese Ravioli



Veggie Burger

## AVAILABLE DAILY:

Salad  
Fruit  
Turkey & Cheese Sandwich  
Sun Butter & Jelly Sandwich  
Juice

## DIETARY RESTRICTIONS?

Does your child have any food allergies or dietary restrictions? If so, please include this information on the online health form through our registration portal. We will accommodate your child's meals to their needs. You can always pack your child lunch if they have certain preferences.

## NUT FREE FACILITY

We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

## HAVE QUESTIONS ABOUT DAY CAMP LUNCH?

Reach out to our Kitchen Operations Director or our Day Camp Director via phone or email.



## TRENT COOKS

Kitchen Operations Director  
tcook@ymcamidtn.org  
615-360-2267 ext. 72428



## REUBEN SMITH

Day Camp Director  
rsmith@ymcamidtn.org  
615-360-2267 ext. 72429