

DAY CAMP SESSION 3 LUNCH MENU



MONDAY

Green Beans
Chicken Legs
Chicken Patty

TUESDAY

Rick & Beans
Chicken Quesadilla
Beef Bean Burrito

WEDNESDAY

Fries
Chicken Tenders

THURSDAY

Seasonal Veggies
Ravioli
Marinara Sauce

FRIDAY

Fries
Fish Patty
Turkey Burgers



Meatless Chicken Patty



Cheese Quesadilla



Meatless Chicken Tenders



Cheese Ravioli



Veggie Burger

AVAILABLE DAILY:

Salad
Fruit
Turkey & Cheese Sandwich
Sun Butter & Jelly Sandwich
Juice

DIETARY RESTRICTIONS?

Does your child have any food allergies or dietary restrictions? If so, please include this information on the online health form through our registration portal. We will accommodate your child's meals to their needs. You can always pack your child lunch if they have certain preferences.

NUT FREE FACILITY

We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

HAVE QUESTIONS ABOUT DAY CAMP LUNCH?

Reach out to our Kitchen Operations Director or our Day Camp Director via phone or email.



TRENT COOKS

Kitchen Operations Director
tcook@ymcamidtn.org
615-360-2267 ext. 72428



REUBEN SMITH

Day Camp Director
rsmith@ymcamidtn.org
615-360-2267 ext. 72429