

DAY CAMP FIRST BLAST LUNCH MENU



WEDNESDAY

Chef's Choice

THURSDAY

Chef's Choice

FRIDAY

Chef's Choice



Chef's Choice



Chef's Choice



Chef's Choice

AVAILABLE DAILY:

Salad

Fruit

Turkey & Cheese Sandwich

Sun Butter & Jelly Sandwich

Juice

DIETARY RESTRICTIONS?

Does your child have any food allergies or dietary restrictions? If so, please include this information on the online health form through our registration portal. We will accommodate your child's meals to their needs. You can always pack your child lunch if they have certain preferences.

NUT FREE FACILITY

We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

HAVE QUESTIONS ABOUT DAY CAMP LUNCH?

Reach out to our Kitchen Operations Director or our Day Camp Director via phone or email.



TRENT COOKS

Kitchen Operations Director
tcook@ymcamidtn.org
615-360-2267 ext. 72428



REUBEN SMITH

Day Camp Director
rsmith@ymcamidtn.org
615-360-2267 ext. 72429