

# DAY CAMP SESSION 1 LUNCH MENU



## MONDAY

Green Beans  
Chicken Patty  
BBQ Diced Chicken  
Roll

## TUESDAY

Rick & Black Beans  
Chicken Tacos  
Beef Tacos

## WEDNESDAY

Street Corn  
Rib Patty  
Chicken Leg

## THURSDAY

Mixed Veggies  
Pizza  
Mozzerella Stix

## FRIDAY

Broccoli  
Baked Potato Bar  
(Sour Cream, Cheese,  
Butter, Bacon Bits, Salsa)



Meatless Chicken Patty  
Meatless BBQ Chicken



Veggie Tacos



Tofu Patty



Veggie Pizza



Grilled Cheese

## AVAILABLE DAILY:

Salad  
Fruit  
Turkey & Cheese Sandwich  
Sun Butter & Jelly Sandwich  
Juice

## DIETARY RESTRICTIONS?

Does your child have any food allergies or dietary restrictions? If so, please include this information on the online health form through our registration portal. We will accommodate your child's meals to their needs. You can always pack your child lunch if they have certain preferences.

## NUT FREE FACILITY

We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

## HAVE QUESTIONS ABOUT DAY CAMP LUNCH?

Reach out to our Kitchen Operations Director or our Day Camp Director via phone or email.



## TRENT COOKS

Kitchen Operations Director  
tcook@ymcamidtn.org  
615-360-2267 ext. 72428



## REUBEN SMITH

Day Camp Director  
rsmith@ymcamidtn.org  
615-360-2267 ext. 72429