

# FAMILY CAMP SESSION 2 MENU



**WEDNESDAY**  
**DINNER**  
Beef or Veggie Stew  
Sauted Rice  
Brown Gravy  
Corn Muffin

**WEDNESDAY**  
**DINNER**  
Mushroom Ravioli  
Kale Salad with Squash

**BREAKFAST ALTERNATIVES:**  
Fruit Bar  
Cold Cereal Bar  
Granola & Yogurt Bar

**LUNCH ALTERNATIVES:**  
Salad Bar  
Fruit Bar  
Turkey & Cheese Sandwich  
Sun Butter & Jelly Sandwich  
with Cheese Stick

**DINNER ALTERNATIVES:**  
Salad Bar  
Fruit Bar  
Dessert Selection

\*Alternatives made available daily.

**THURSDAY**  
**BREAKFAST**  
Eggs  
French Toast  
Hashbrowns  
Bacon  
**LUNCH**  
Pizza  
Wings  
Hot Pockets  
Mozzerella Sticks  
**DINNER**  
Chicken Alfredo  
Spinach Chicken Casserole  
Carrots  
Rolls

**THURSDAY**  
**BREAKFAST**  
Baked Eggs in Tomato  
Cups  
**LUNCH**  
Southwestern Fiesta  
Salad  
**DINNER**  
Couscous with olives and  
sundried tomatos

**FRIDAY**  
**BREAKFAST**  
Pancakes  
Eggs  
Breakfast Potatoes  
Sausage  
**LUNCH**  
Hamburger  
Veggie Burger  
Brats  
Potato Salad  
**DINNER**  
Lasagna- Meat or Veggie  
Green Beans  
Garlic Bread

**FRIDAY**  
**BREAKFAST**  
Tofu Benedict  
**LUNCH**  
Veggie Burger  
Fries  
**DINNER**  
Cran-orange couscous  
salad

**SATURDAY**  
**BREAKFAST**  
Waffle Bar  
Chicken Nuggets  
Bacon  
Waffle Toppings

**SATURDAY**  
**BREAKFAST**  
Waffles  
"Chicken" Nuggets

**NUT FREE FACILITY**  
We are a nut free facility and ask that no food or other products containing nuts be sent with a camper or in a care package.

## HAVE QUESTIONS ABOUT THE FAMILY CAMP MENU?

Reach out our Kitchen Operations Director or our Overnight Camp Director via phone or email.



**TRENT COOKS**

Kitchen Operations Director  
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**JESSE HALL**

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