

HEALTHY STARTS HERE

DAY CAMP MEAL OFFERINGS

MONDAY

Corn Dogs, Chips, Carrots & Spaghetti Lo Mein Bowl 🌱

TUESDAY

BBQ Pulled Pork, Coleslaw & Cheesy Spinach Hot Pocket 🌱

WEDNESDAY

Chicken Legs, Green Beans & Mexican Fiesta Bowl 🌱

LAST BLAST

*Menu is subject to change.

🌱Vegetarian options available upon request.

Please email dietary restrictions to Trent Cooks at tcooks@ymcamidtn.org.

